



“The 7 Habits of Highly Effective Teens”

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Key Scripture Verse:

“Let’s take a good look at the way we’re living and reorder our lives under God.”

- Lamentations 3:40 (Message Bible)

“When I was young and free and my imagination had no limits, I dreamed of changing the world; As I grew older and wiser I realized the world would not change.

And I decided to shorten my sights somewhat and change only my country. But it too seemed immovable.

As I entered my twilight years, in one last desperate attempt, I sought to change only my family, those closest to me, but alas they would have none of it.

And now here I lie on my death bed and realize (perhaps for the first time) that if only I’d changed myself first, then by example I may have influenced my family and with their encouragement and support I may have bettered my country, and who knows I may have changed the world.”

- An anonymous Anglican Bishop

The Personal Bank Account = Private Victory

1. **Be Proactive:** “I am the force. I am the captain of my life. I can choose my attitude. I’m responsible for my own happiness or unhappiness. I am in the driver’s seat of my destiny, not just a passenger.”

2. **Begin with the End in Mind:** Sex, Goals, School...

What is your Personal Mission Statement:

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3. **Put First Things First:** Which one are you?

- A. The Procrastinator
- B. The Yes-Man (Lady)
- C. The Slacker
- D. The Prioritizer

The Relationship Account= Public Victory

4. **Think Win-Win**

- A. No competing
- B. No comparing
- C. No deal if someone is getting you to go against what you know to be right

5. **Seek First To Understand, Then To Be Understood:** Listen well, stand in their shoes, share how you feel responsibly and calmly.

6. **Synergize:** Work on your VIBE. Be the type of person that makes others feel good about who they are.

7. **Sharpen your saw:** Physically, Emotionally, Mentally, Spiritually

Abraham Lincoln was once asked, “What would you do if you had eight hours to cut down a tree?” He replied, “I’d spend the first four hours sharpening my saw.”

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