



The Year of G.R.O.W.T.H.

GENEROSITY. RELATIONSHIPS. OUTREACH. WORD. TITHING. HEALING.

March 14, 2017

"Slow Down And Fast"

Introduction:

Facts about Fasts:

-When God has placed a dream inside you that only God can make possible, you need to fast and pray. -Jentezen Franklin

"Fasting is not merely going without food for a period of time. That is dieting--maybe even starving--but fasting it is not...Simply stated, biblical fasting is refraining from food for a spiritual purpose." - Jentezen Franklin

-The season of Lent is to cause of to experience self-denial and self-discipline.

-Lent is not the only time you can fast; however, it is one of the most appropriate times to participate in one.

-Moses and Jesus fasted and prayed for 40 days and 40 nights.

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- I. Our **stance** needs to be **appropriate** - **Matthew 6: 16-18**
 - II. Our **spiritual** power will be **abnormal** - **Matthew 17: 14-21**
 - III. Our **sincerity** moves the **Almighty** - **I Samuel 7:6-11**
 - IV. Our **sacrifices** will be **awarded**- **Matthew 6: 1-4, 5-6, 16-18, 33**

THE HOUSE OF HOPE MACON