



## **The Year of G.R.O.W.T.H.**

**GENEROSITY. RELATIONSHIPS. OUTREACH. WORD. TITHING. HEALING.**

**February 21, 2017**

**Pastor Reginald W. Sharpe Jr., Teacher**

### **SO YOU MAD? - METHODS FOR CONFLICT RESOLUTION Part III**

#### **5 Things To Know About Conflict**

1. A conflict is more than a disagreement. It's when both parties perceive a threat.
  2. Conflicts continue to fester when ignored.
  3. We respond to conflicts based on our perceptions. (Perceptions are influenced by life experiences, culture, values, and beliefs)
  4. Conflicts trigger strong emotions
  5. Conflicts are an opportunity for growth. It builds trust and confidence in relationships.
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#### **More Tips to Consider**

- I. Stay as calm as \_\_\_\_\_\* (Proverbs 15:1)
- II. Be careful not to become \_\_\_\_\_ (Proverbs 16:18)
- III. Know your emotional \_\_\_\_\_ (John 2:13-15)
- IV. Continue to grow into a better \_\_\_\_\_ (James 1:2-4)

\*A gentle reminder

**THE HOUSE OF HOPE MACON**

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