



The Year of G.R.O.W.T.H
GENEROSITY. RELATIONSHIPS. OUTREACH. WORD
TITHING. HEALING

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SO YOU MAD? - METHODS FOR CONFLICT RESOLUTION

The Greek word for conflict is: **agon** (Ah-gone)

“Remember that conflict is natural and happens in every ongoing relationship. Since conflict is unavoidable we must learn to manage it. Conflict is a sign for a need for change and an opportunity for growth, new understanding, and improved communication. Conflict cannot be resolved unless it is addressed with the appropriate individuals.”

- I. Stop trying to avoid **conflict** by avoiding **people** (Matthew 18:15-17)
- II. Stay as **calm** as possible (Proverbs 15:1)
- III. Be **honest** and explain how the **problem** makes **YOU feel** (Proverbs 16:32)
 - * When you do/did.....
 - * I feel/ I felt.....
 - * I would like it if we/you.....
- IV. Choose your **words** wisely (Proverbs 16:24)
- V. Focus on the **future**. Create a **plan** to address the **conflict** just in case it arises again in the future. (Matthew 5:9)

THE HOUSE OF HOPE MACON
